

Name _____ Index No. _____

2428/302

Candidate's Signature _____

**COUNSELLING PSYCHOLOGY, SOCIAL
REHABILITATION AND RE-INTEGRATION**

Date _____

Oct./Nov. 2015

Time: 3 hours



THE KENYA NATIONAL EXAMINATIONS COUNCIL

**DIPLOMA IN SOCIAL WORK AND COMMUNITY DEVELOPMENT
MODULE III
(SOCIAL WORK OPTION)**

COUNSELLING PSYCHOLOGY, SOCIAL REHABILITATION AND RE-INTEGRATION

3 hours

INSTRUCTIONS TO CANDIDATES

Write your name and index number in the spaces provided above.

Sign and write the date of examination in the spaces provided above.

*This paper consists of **EIGHT** questions in **TWO** sections; **A** and **B**.*

*Answer a total of **FIVE** questions as shown below in the spaces provided in this question paper:*

*any **TWO** questions from section **A**;*

*any **TWO** questions from section **B**;*

*any other **ONE** question from either section **A** or **B**.*

All questions carry equal marks.

Candidates should answer the questions in English.

For Examiner's Use Only

Section	Question	Maximum Score	Candidate's Score
A	1	20	
	2	20	
	3	20	
	4	20	
B	5	20	
	6	20	
	7	20	
	8	20	
TOTAL SCORE			

This paper consists of 20 printed pages.

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A: COUNSELLING PSYCHOLOGY

Answer at least TWO questions from this section in the spaces provided.

1. (a) Describe the meaning of each of the following skills of counselling:
 - (i) rephrasing;
 - (ii) confronting;
 - (iii) probing;
 - (iv) questioning;
 - (v) evaluating. (10 marks)
- (b) Explain **five** benefits of individual counselling. (10 marks)
2. (a) Describe **four** theories of counselling. (8 marks)
- (b) Explain **six** qualities of an effective counsellor. (12 marks)
3. (a) (i) Explain the concept of confidentiality in counselling. (2 marks)
- (ii) Explain **four** instances when confidentiality can be broken in counselling. (8 marks)
- (b) Describe **five** principles of counselling. (10 marks)
4. (a) Describe **five** stages of the counselling process. (10 marks)
- (b) Explain **five** personal characteristics that influence effective listening during counselling. (10 marks)

SECTION B: SOCIAL REHABILITATION AND RE-INTEGRATION

Answer at least TWO questions from this section in the spaces provided.

5. (a) Describe each of the following anxiety disorders:
 - (i) generalised anxiety disorder;
 - (ii) obsessive - compulsive disorder;
 - (iii) panic disorder;
 - (iv) post - traumatic stress disorder;
 - (v) social anxiety disorder. (10 marks)
- (b) Explain **five** ways of assisting visually impaired children to adapt to a new environment. (10 marks)

